

2024 Fall Classes in the Xone

Monday

Teen Ballet

Combo

7th & up
4:15-5:00

***Excite**

Expressiions

7th & up
5:00-5:45

***Company**

Musical Theater

5:45-6:45

***Company Tap**

Modern, Lyrical,
Contemp
6:45-7:30

***Exceed Hip Hop**

7:30-8:30

Tuesday

Petite Dance

3:30-4:15

Ages 3 & 4

***Excite**

Company

4:15-5:15pm

***EXCITE Move &**

Groove (Co. hip hop)

5:15 – 6:00 pm

***Beginning**

Pointe

6:00-6:45 pm

***Adv**

Ballet V/VI

6:45 – 7:30 pm

***Pointe IV/V/VI**

9th & up

7:30-8:15 pm

Wednesday

Teen Jazz Combo

7th grade
& up
4:15-5:15

Youth Dance

Combo

5:15 – 6:00

Acro For Dance

II, III, IV

Youth
6:00 -6:45

Ballet / Tap

Combo

3rd – 7th grade
6:45-7:30

+Adult Barre

7:40-8:30

Thursday

Preschool

PopHop

Ages 3 & 4
4:00-4:45pm

Pop/Pep

& Pizzazz

Dance combo
3rd – 6th grade
4:45-5:30 pm

Pop Hop for Kids

K – 2nd grade
5:30-6:15 pm

ACRO IV/V/VI

Teens
6:15 – 7:00pm

***EXCEED**

Contemp

7:00 – 7:45pm

***EXCEED**

CO.

7:45 – 8:45 pm

Friday

Teen Move and

Groove

4:15 – 5:00

Youth Move and

Groove

(youth hip hop)

4th – 6th
5:00 – 5:45

***EXPRESS**

COMPANY

5:45 – 7:15

Saturday

+Spirit Squad

Poms & Baton

9:45 – 10:30 am

Twirl and

Tumble

K – 2nd grade

10:30-11:15 am

Ballet/

Tap Combo

K – 2nd

11:15-

Noon

+Dance Medey

for Teens

Great for the

theater

performer!

Noon – 1:00 pm

+Classes with +
are sessions
classes and are
priced separately